## YOUR MENU Week ONE

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Chunky Fish Fingers  Homemade Shepherd's Pie with Gravy	Beef Burger or Quorn Burger in a Bap Tuna & Sweetcorn Pasta Bake	Roast Chicken or Quorn Roast with Gravy & Yorkshire Pudding Cheese & Onion Quiche	Cajun Chicken  Sticky BBQ Quorn  Cheese & Pepper Rol	Cheese & Tomato Pizza Tempura Fish Fillet	
	Seasonal Vegetables  Herby Potatoes  Wholemeal Pitta  Bread	Seasonal Vegetables Potato Wedges	Seasonal Vegetables  Roast Potatoes  Creamed Potatoes	Seasonal Vegetables  Rainbow Rice Jacket Potatoes	Chunky Chips  Peas Baked Beans	
	Fresh Seasonal Salad Bar With Fresh Bread Available Daily A Daily Selection Of Fresh Fruit & Fruit Yoghurts					
	Fruit Jelly	Fruit Mini Cupcakes	Sultana Cookie with a Milk Drink	Chocolate Crunch With Custard	Assorted Flavoured Ice Cream Tubs	

## YOUR MENU Week Two

Monday	Tuesday	Wednesday	Thursday	Friday		
Quorn Penne Pasta Cheese & Onion Pasty	BBQ Chicken Cheese Omelette Vegetable Samosa	Roast Gammon or  Quorn Sausage &  Onions all served with  Gravy	Fish Goujons  Macaroni Cheese  Tuna & Sweetcorn  Pasta Bake	Cheese & Tomato Pizza Fish Fingers		
Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Chunky Chips		
Duchesse Potatoes Naan Bread	Jacket Potatoes Garlic Bread	Roast Potatoes Creamed Potatoes	New Potatoes Pomme Noisettes	Sweetcorn Baked Beans		
Fresh Seasonal Salad Bar With Fresh Bread Available Daily  A Daily Selection Of Fresh Fruit & Fruit Yoghurts						

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

MADE FRESH

## YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday	
Cheese & Pepper Roll  Mini Omelette  Fish Fillet	Lamb Bolognaise Cheese & Potato Pie	Roast Chicken  Chicken Drumstick  Quorn Roast all served  with Gravy	Oven Baked Sausages  Quorn Sausages  Macaroni Cheese	Cheese & Tomato Pizza Fish Fillet	
Seasonal Vegetables  Rainbow Rice  Naan Bread	Seasonal Vegetables  Spaghetti Garlic Bread	Seasonal Vegetables  Roast Potatoes Creamed Potatoes	Seasonal Vegetables Pomme Noisettes	Chunky Chips  Baked Beans  Sweetcorn	
Fresh Seasonal Salad Bar With Fresh Bread Available Daily  A Daily Selection Of Fresh Fruit & Fruit Yoghurts					
Mini Cupcake & Milk Drink	Fruit Flapjack & Fruit Juice	Fruit Salad  Jelly or Mousse	Iced Sponge & and Custard	Assorted Flavoured Ice Cream Tubs	

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

MADE FRESH