

# Wellbeing and PE

{ Review of 2018-19

# PE

- ⌘ Resources audited
- ⌘ Timetable revised and supported by TEs across EYFS – and LKS2
- ⌘ Playground zone improvements – impacted on behaviour and CPD for lunchtime supervisors.
- ⌘ Multi-skills days to raise awareness off fitness and skills taught throughout the year led by Head Boy/Girl.

# Wellbeing

- ⌘ Change Team to support initiative in school
- ⌘ Mental Health Training/Awareness undertaken with our pupils in mind.
- ⌘ Lunchtime groups for vulnerable children
- ⌘ Centralised Wellbeing display – thoughts shared from pupils.
- ⌘ Staff/Parent/Pupil questionnaires (significant impact on stakeholders awareness)
- ⌘ Wellbeing Assemblies
- ⌘ Parent meetings and workshops
- ⌘ Wellbeing Warriors and Mindfulness Champs
- ⌘ Introduction of PSHE themes across school
- ⌘ Fundraising Days (Benches)
- ⌘ Pupil voice; circle times and talk time in class.
- ⌘ Improvements for staff and staff room.
- ⌘ Assessor update of Award very positive.

# What next?

- ⌘ LA joining the change team as PSHE coordinator.
- ⌘ Wellbeing projects to carry on and embed across school with support of all stakeholders – *let the next layer strengthen what we already have achieved.*

# *The Worker's Prayer*

Lord, I thank You for this job and  
the blessings it provides.

May You watch over me this day  
and keep me safe from harm.

Create in me a willing spirit  
and happy heart.

Grant me the ambition to work hard  
and give me the strength to finish  
what I have started.

May my hands always be prepared  
to help lighten another's load.

And finally, Lord, remind me that  
the quality of my work is a reflection  
of You to those around me.

*Amen*